



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# HAVE FUN BUILD CHARACTER

Child Care  
Parent Handbook

YMCA OF THE VIRGINIA PENINSULAS  
[ymcavp.org](http://ymcavp.org)



## PROGRAM OBJECTIVES

The YMCA's child care program creates a space where a child's developmental needs are met with a focus on active play and learning. At the Y, we foster an environment where children learn new skills, create, and engage with one another in multicultural and interracial activities.

Objectives:

- To provide a program that enhances leisure time and learning time. Development of new skills, creativity, multicultural, and interracial understanding are stressed.
- To provide activities that include special events, multicultural programs, guest speakers, and special instruction.
- Our child care programs reinforce the character values of caring, honesty, respect, responsibility, and faith.
- The program meets the individual needs of children at various stages of development.

## ADMISSION

The YMCA of the Virginia Peninsulas recognizes and celebrates the growing diversity of our communities. At the Y, we are for ALL. The YMCA of the Virginia Peninsulas child care programs serve children 2- 14 years old. The Y does not discriminate based on race, color, religion, sex, national or ethnic origin in administering its personnel and admission policies. The Y will address physical disabilities and special needs on a per request basis, making every effort to serve all children who come to us.

## ENROLLMENT

Enrollment in our child care programs is done online at [ymcavp.org](http://ymcavp.org) and must be completed for each new program season. The child care or camp center your child will be attending must also have a copy of the Commonwealth of Virginia's physical form (including immunization records) and the child's proof of identity. Please contact your center's child care director to get instructions about how to submit this information. The Y cannot accept your child into our programs without this documentation. Proof of child's identity and age may include a certified copy of the child's birth certificate, birth registration card, notification of birth (hospital, physician or midwife record), passport, copy of the placement agreement, or other proof of the child's identity from a child placement agency, record from a public school in Virginia, certification by a principal or his designee of a public school in the U.S. that a certified copy of the child's birth record was previously presented, or an adoption/foster care placement agreement. Licensing standards mandate that child care staff see and record the ID number of your child's proof of identity.



## PAYMENTS

A \$40 non-refundable registration fee applies for all child care and camp programs. Payment for the first week is due upon registration. Electronic funds transfer (EFT) is the YMCA of the Virginia Peninsulas' required payment method for your weekly tuition for our Preschool, Before and After School, and Summer Camp programs. Fees are automatically withdrawn from your checking or savings account, either weekly or monthly, as requested. By completing the electronic funds transfer (EFT) authorization form, you authorize the YMCA to draft your checking or savings account per the terms agreed on. The EFT drafts are continual, based on the payment schedule, and are automatically renewed. A termination form must be completed two weeks before the final EFT draft. Payments made by personal check can be converted into an electronic funds transfer. If you do not wish for your check to be converted, please inform camp staff at the time of registration. If a transaction is rejected, the YMCA of the Virginia Peninsulas will attempt to process the charge again up to three times within one week of the returned payment. A \$25 charge will be incurred for returns due to insufficient funds or an additional \$10 charge due to decline reasons such as but not limited to, invalid account number, invalid expiration date, lost/stolen. We then ask that you make all future payments in the form of a money order.

Credit card payments can be made at the Welcome Center. Cash will not be accepted. Please keep all receipts for tax purposes. Our tax ID# is 54-0524905.

Weekly payments are due in advance for the week your child will be attending. If payment is not made by the prior week on Monday, your child will not be able to attend the program on Monday of their scheduled week.

- Each family will be allowed 2 weeks vacation from the program. If your child misses more than 2 weeks, you must make weekly payments to reserve his/ her space in the program.
- For Preschool and Before and After School care, if your child leaves the program before the school year is over, we require a termination notice in writing. Please include the reasons why your child will not be attending our program.
- If the program is open for three or more days per week, full tuition must be paid.
- We do not offer part-time care and affiliated rates due to set capacities within each program.

## FINANCIAL ASSISTANCE

The YMCA works with the Virginia Department of Social Services to offer subsidies at select child care locations. Virginia's Child Care Subsidy Program provides financial assistance to low-income, eligible families to help pay a portion of child care programs. If families do not qualify for assistance under Virginia's Child Care Subsidy Program, the YMCA does offer financial assistance for qualifying families.

## A POSITIVE EXPERIENCE FOR EVERYONE

The philosophy behind our discipline policy is to prevent negative behavior before it begins. All children are aware of the established rules and boundaries. Counselors use positive techniques to support good behavior and make children aware of inappropriate behavior immediately. Children are disciplined fairly, consistently, and immediately. The five core values: caring, honesty, respect, responsibility, and faith, are the foundation of our discipline policy. Listed below are the State and the YMCA of the Virginia Peninsulas' guidelines that are incorporated into all of our child care programs.

### State Guidelines:

- Provide a secure and caring environment for children.
- Positive reinforcement and encouragement from staff allow children the opportunity to develop a positive self-image, problem-solving skills, and self-discipline.
- Expected behavior is on the child's level.
- Limits or rules shall be appropriate and understandable to the children to whom they apply.
- Discipline shall be fair and consistently applied.
- Discipline shall be appropriate to the infraction and timely.

### YMCA of the Virginia Peninsulas Association Guidelines:

- We have a progressive discipline system comprised of warning, written, and parental/guardian conferences before termination of care.
- Our program promotes equality and communication between peers; any fighting, name-calling, or bullying are grounds for immediate dismissal from the program.
  - Give verbal warnings/reminders.
  - Use redirection techniques to positively guide behavior.
  - Talk through the problem with the child to be sure they understand what is wrong with their actions.
- Time-out/cool-down technique is used when children do not follow established rules. This is a quiet time for the child in a designated place within view of the staff. The time-out/cool-down technique is listed below:
  - Remove the child from activity and ask the child to sit away from the group.
  - After 1-2 minutes, 10 minutes maximum, ask the child why he/she was removed from the activity and if he/she is ready to return to the activity.
  - Explain the behavior expected in the future.
  - A maximum of three time-outs are allowed daily. If a third time-out is received, the parent or emergency contact will be notified and required to pick up the child within 45 minutes.

## A SAFE AND SECURE ENVIRONMENT

### Drop-Off and Pick Up

Our YMCA child care programs close at 6 p.m. promptly Monday-Friday.

- If you are unable to pick up your child, please make alternate arrangements and notify the YMCA who will pick up your child.
- If you are late picking up your child after closing, you will be charged \$20 for the first 10 minutes and \$1 per child for each additional minute. Repeated tardiness could result in dismissal from the program. If children are not picked up within 45 minutes after the site's closing time without notification, the YMCA reserves the right to notify Child Protective Services.
- If your child will be arriving later or not be attending the program on a particular day, you must contact the Child Care Director and alert them.
- To limit the amount of people entering the building, we will be using curbside drop-off and pick up 6-9:15 a.m. and from 3:15-6 p.m. If you should need to drop-off or pick up outside of these times, call your child's center.
- Your child must be signed in each morning and signed out in the evening.
- If a child is to be picked up by someone other than the parents, they must be listed on the authorized pick up list. Individuals will be required to show proof of identification. Children will not be released to anyone under the age of 18. Directors must see the person(s) picking up the child(ren).
- Children who have been suspended or expelled from school will not be allowed to attend the Preschool and Before and After School programs.
- Children must be picked up within one hour of notification during emergencies, including inclement weather or natural or man-made disasters. The YMCA reserves the right to notify Child Protective Services if the children are not picked up within the designated time frame.
- The Y will contact local law enforcement if a parent or guardian who has been denied access to a child attempts to enter the Y program or otherwise access the child actively participating in the Y program. Without legal documentation, the Y cannot restrict access for a custodial parent.

### Child Abuse Prevention

These preventive strategies are designed to protect the children in YMCA programs and to protect YMCA staff and volunteers from being wrongly accused of incidences of child abuse.

1. The YMCA has in place comprehensive pre-employment screening procedures to screen out staff not suited for working with children.
2. The YMCA will take any allegation or suspicion of child abuse seriously.
3. Staff is trained and understands their legal obligation to report suspected abuse.
4. Policies, procedures, and training are available relating to discipline, supervision, staff/participant interaction, staff and volunteer code of conduct, etc.
5. Staff understands what practices may be considered abusive and the difference between what may be considered appropriate and inappropriate touch.

## Child Abuse Prevention (continued)

6. Staff frequently communicates with parents regarding day-to-day activities and encourage parents to report or question any behavior or event their child may share that appears out of the ordinary.
7. Staff try to identify stressed parents and offer support and referrals for help.
8. Staff have learned how to discuss sensitive issues with children.
9. Staff protect themselves and the YMCA by agreeing not to be alone with YMCA youth or program participants outside of the YMCA programs or facilities (i.e., babysit, take children on trips, have them in their homes when others are not present, connect online, etc.).

Should you suspect or have concerns or questions about any possible abuse situation, please contact:

Chief Human Resources Officer, 757-952-2253

Praesidium Helpline, 855-347-0751

## INJURIES

### Checklist for Safety Precautions

The procedures listed below are posted or located near a telephone and are accessible to all child care staff: emergency procedures, first aid chart, children's allergy list, and accident report forms. A copy of the center's emergency evacuation plan is available upon request. Information regarding alternate shelter will be posted on the parent board. In an emergency, child care counselors will notify the site director, who will then notify the center's child care director. All communication to the parents will come from the center's child care director.

### Medical Assistance

The site director will follow these procedures:

- Call 911. If the injury or illness is life-threatening (i.e., for serious blows to the head, absence of breathing and heartbeat, suspected poisoning, profuse bleeding, convulsions, or allergic reactions), give immediate First Aid (CPR, etc.). Do not move the victim unless in danger (i.e., in the street, immersed in water, or electrocuted).
- Notify parent/guardian.
- Notify the Child Care Director.
- Designate a substitute site director to maintain the proper child/staff ratio. Names and phone numbers of substitute group leaders will be posted by the telephone.
- Go with the patient to the appropriate medical facility and meet parents/guardians. (Site director must bring the emergency medical care release form from the child's file.)
- Complete an Incident Report Form.

### Insurance

The YMCA does not provide accident insurance for your child. However, the YMCA has general liability insurance that may cover your medical expenses if your child

is injured in our program. If your health insurance does not cover your medical expenses, please contact us as soon as possible.

## MEDICATION ADMINISTRATION

Medication may be given to your child by a certified staff member only if:

- You and the physician have signed a YMCA permission form.
- Medication is in its original container with a prescription label attached.
- Over-the-counter medication must be approved and prescribed by the physician.
- All medications must be turned in to the program director and kept in a locked container.
- All medication forms must be updated every six months.
- Asthma action plans must be submitted and all medicines prescribed along with medical permission forms.
- Diabetic action plans must be submitted and all medications prescribed along with medical permission forms.
- Expired medication needs to be picked up within 14 days or parents must renew authorization. If medication is not picked up, it will be disposed.
- If your child(ren) has specific medical needs or requires elevated medical attention, please alert the child care director at the time of registration to properly prepare staff.

## Sunscreen and Bug Spray

We recommend that parents apply sunscreen and bug spray to their child prior to their arrival for summer programs. If you choose to bring sunscreen and/or bug spray, it must be in the original container (labeled with your child's name) and submitted with a completed medication administration form in order to be applied to your child.

During summer months we will reapply sunscreen and bug spray after lunchtime; before the second part of the camp day.

## IMMUNIZATIONS AND ILLNESSES

State law requires all students to have a current medical and immunization record signed by a physician before attending the program. Parents are notified if children are exposed to any contagious disease while participating in the program.

A child with a fever, vomiting, or diarrhea is not allowed in the center. If a child becomes ill during the program, the parent is called, and it is in the best interest of the child for the parent to pick up their child as soon as possible, no later than one hour after contact. Appropriate late fees will apply after one hour. The child may return 48 hours after their illness has subsided, fever has broken and/or upon written approval from a physician.

Parents are notified of a necessary early pick up if a child displays any of the following symptoms:

- Fever 100° (orally)
- Unexplained rash
- Vomiting
- Conjunctivitis
- Diarrhea
- Any symptoms described in the contagious disease chart (available at the end of this handbook).

## Reporting Communicable Diseases

Parents/guardians must inform the staff within 24 hours or the next business day if their child or any member of the immediate household has developed any reportable communicable disease, as defined by the State Board of Health, except for life-threatening diseases which must be reported immediately.

COVID-19 exposure, positive test results, or presumed positive test results must be reported immediately.

## TRANSPORTATION

Transportation varies for each YMCA site and program location. See your site director for details.

Transportation for camp field trips (if applicable) is provided by bus. These vehicles meet all of the safety standards required by the Virginia Department of Transportation. The driver for all trips will be a Virginia state commercial driver's licensed individual meeting all the state's qualifications.

The YMCA and the school system work together to provide transportation for children to and from most city schools. Transportation will not be provided if schools are closed. Send a note to your child's teacher stating that they will be riding a YMCA bus.

## SCHOOL CLOSINGS

Full-day programs are provided on most school holidays and school closings. Children must bring a bag lunch and two snacks on full days. A minimum number of participants per location must be met for the program to run. You will be notified in advance. The Before and After School program will not operate on the following days:

- New Year's Eve
- Christmas Eve
- New Year's Day
- Christmas Day
- Labor Day
- Thanksgiving
- Independence Day
- Day after Thanksgiving
- Memorial Day

## Inclement Weather Policy

If school closes early due to inclement weather, we will provide transportation and care for your child until 6 p.m., unless we notify you otherwise. Each center's inclement weather policy varies; please check with your child care director about specific details.

If your YMCA program is hosted at an offsite location that closes due to inclement weather, parents/guardians must pick up within one hour of notification. The YMCA reserves the right to close at any time that the weather does not permit safe travel. Please follow us on Facebook, go to [ymcavp.org](http://ymcavp.org), or tune into local radio or TV stations for updates.

## ACTIVITIES

Daily conversations between parents and staff foster communication. We provide updates via email and during our rides in/out procedures daily.

Please check out your site's monthly newsletter to keep informed of all upcoming program activities.

- Staff shall provide at least semi-annual scheduled opportunities for parents to provide feedback about their children's care.
- Parents are required to notify the child director if there is any change in address, work or home telephone numbers, or emergency contacts (persons who can be notified if parents are unavailable). Parents are required to update children's records annually.

## PROGRAM CURRICULUM

Our program is designed so that each child has an opportunity to make friends, discover new ideas, and have a great time. If, after a reasonable period, a child is not able to adjust to the demands of the group and the schedule, or if there are special needs the program is not able to meet, parent(s) may be asked to withdraw the child from our program immediately.

### Children in the YMCA Preschool, Before and After School, and Summer Camp programs may have the opportunity to participate in:

Family Events	Diversity, Equity, and Inclusion Activities	Recreational Games
Cognitive Skills	Initiative Challenges	Social Emotional Development
Homework Time	Arts and Humanities	Character Development
Clubs	Outdoor Activities	Reading
Music	Holiday Camps	Board Games
Enrichment Events	STEM	Sports Activities
Theme-Based Activities		

## Diverse Abilities and Special Accommodations

Our program is designed so that each child has an opportunity to make friends, discover new ideas and have a great time. We strive to make every accommodation possible for children with diverse abilities. However, we do not specialize in diverse abilities child care services. We encourage you to contact your Y's child care director in advance of registering if you would like to discuss your child's specific needs. If, after a reasonable period of time, a child is not able to adjust to the demands of the group and the schedule, or if there are special needs the program is not able to meet, parent(s) may be asked to withdraw the child from our program immediately.

## HEALTHY SNACKS AND LUNCHES

During full days, winter and spring break camps, and Summer Camp, please send fresh and nutritious nonperishable/nonmicrowavable lunches, snacks, and beverages every day from home and include your child's name and date on the outside of his/her lunch box, tote, or bag.

<b>Whole Grains</b>	<b>Fruits or Vegetables</b>	<b>Treats</b>	<b>Proteins</b>
Bagel	Orange	Crackers	Chicken
Breadsticks	Apple	Yogurt	Tuna
Sandwiches	Pear	Fruit Snacks	String cheese
English muffin	Peach	Applesauce	Lean meats
Tortillas	Celery	Baked chips	<b>Beverages</b>
Whole grain bread	Carrot sticks	Trail mix	Water
	Dried fruit		

### Nutritional Snack Chart

**SNACK** (Select two of the following)

	<b>Ages 3-5</b>	<b>Ages 6-12</b>
Fruit or vegetable	1/2 cup	3/4 cup
Meat or meat alternative	1/2 ounce	1 ounce
Bread or bread alternative	1/2 slice	1 slice
Cold or dry cereal	1/3 cup or 1/2 ounce	3/4 cup or 1 ounce
Hot/cooked cereal	1/4 cup	1/2 cup



Disease	Common Symptoms	Recommendations
<b>Chickenpox* (Varicella)</b> Incubation Period: 10-21 days. (Incubation period in persons who receive VariZIG or IGIV extends through day 28).	Onset with slight fever and itchy eruptions which become vesicular (small blisters) within a few hours. Lesions commonly occur in successive crops, with several stages of maturity present at the same time. Communicable for as long as 5 days (usually 1-2 days) before eruption of vesicles & until all lesions crust (usually 5 days). Communicability may be prolonged in immunocompromised people.	CASE: Exclude from school for at least 5 days after eruptions first appear or until vesicles become dry. Avoid exposure to women in early pregnancy who have not had chickenpox and/or varicella vaccine. CONTACTS: Check vaccination status of contacts and recommend vaccination if needed. On appearance of symptoms, exclude from school.
<b>Conjunctivitis, Acute Bacterial (Pink Eye)</b> Incubation Period: Varies	Pink or red eyeball with swelling of the eyelids and eye discharge. Eyelids may be matted shut after sleep. May involve one or both eyes.	CASE: Exclude from school while symptomatic or until 24 hours of antibiotic treatment has been completed. CONTACTS: School exclusion not indicated.
<b>Diarrheal Diseases* (Campylobacteriosis, E. coli O157:H7, Giardiasis, Salmonellosis, Shigellosis, etc.)</b> Incubation Period: 6hrs-25 days, depending on disease	Ranges from sudden onset of fever, abdominal pain, diarrhea, nausea, and sometimes vomiting in salmonellosis, to cramps and bloody stools in severe cases of shigellosis and E. coli O157:H7. Dangerous dehydration may occur in younger children. In giardiasis, persons may be asymptomatic or have decreased appetite and weight loss.	CASE: Exclude from school until cessation of acute diarrhea. Stress importance of proper handwashing. CONTACTS: School exclusion and stool cultures not indicated in absence of symptoms. Consult with your local health department for advice during suspected school outbreaks.
<b>Fifth Disease (Erythema Infectiosum)</b> Incubation Period: from 4-21 days	Rash characterized by a vivid reddening of the skin, especially of the face, which fades and recurs; classically, described as a "slapped face appearance". Mild symptoms of fever, body aches, and headache may occur 7-10 days before rash.	CASE: Exclusion from school not indicated. CONTACTS: School exclusion not indicated. Pregnant women and immunocompromised persons should seek medical advice.
<b>Hepatitis A*</b> Incubation Period: from 15-50 days, average 28-30 days.	Fever, loss of appetite, nausea, abdominal discomfort and weakness followed by jaundice. Many unrecognized mild cases without jaundice occur, especially in children. Communicability greatest from 7 days before to several days after onset of jaundice.	CASE: Follow advice of child's physician and/or your local health department. CONTACTS: School exclusion not indicated. Stress importance of proper handwashing.
<b>Hepatitis B*</b> Incubation Period: From 45-169 days, average 90 days	Only a small proportion of acute infections have clinical symptoms. Symptoms are similar to those of Hepatitis A.	CASE: Follow advice of child's physician and/or your local health department. CONTACTS: School exclusion not indicated.
<b>HIV Infection* and AIDS*</b> Incubation Period: Variable	A broad range of disease manifestations affecting multiple organ systems. Many children remain asymptomatic.	CASE: Follow advice of child's physician and/or your local health department. CONTACTS: School exclusion not indicated.
<b>Influenza</b> Incubation Period: Usually 1-4 days	Sudden onset of fever, chills, headache, malaise, and nonproductive cough. Subsequently, respiratory tract signs including sore throat, nasal congestion, rhinitis, and cough become more prominent.	CASE: Exclude from school until at least 24 hours following resolution of fever. CONTACTS: School exclusion not indicated. Seasonal influenza vaccination encouraged to reduce spread of influenza.
<b>Measles* (Rubeola, Red Measles)</b> Incubation Period: From 7-21 days, (usually 8-12 days from exposure to onset of symptoms)	Prodrome characterized by fever followed by reddened eyes, runny nose, and cough. Dusky-red blotchy rash appears on day 3 or 4 and lasts 4 to 7 days. Communicable from 4 days before to 4 days after the appearance of the rash.	CASE: Exclude from school until at least 4 days after appearance of the rash. Check immunization records of all students. Discuss with your local health department. CONTACTS: Exclude from school immediately on signs of prodrome. Unimmunized students may need to be excluded from school. Follow recommendations of your local health department.
<b>Meningitis, Bacterial (H. influenzae*, Meningococcal*, Pneumococcal)</b> Incubation Period: H. influenzae: 2-4 days, Meningococcal: 2-10 days, usually 3-4 days. Pneumococcal: 1-4 days	Sudden onset of fever, chills, headache, malaise, and nonproductive cough. Subsequently, respiratory tract signs including sore throat, nasal congestion, rhinitis, and cough become more prominent.	CASE: Exclude from school during acute illness. Non-communicable after 24-48 hours of appropriate drug therapy. CONTACTS: School exclusion not indicated. Discuss with your local health department to determine if close contacts need prophylactic treatment for H. Influenzae or Meningococcal Meningitis.

Disease	Common Symptoms	Recommendations
<b>Mumps*</b> Incubation Period: From 12-25 days, usually 16-18 days.	Fever with swelling and tenderness of one or both parotid glands located below and in front of the ears. Unrecognized mild cases without swelling may occur. Communicable from 3 days before swelling until 5 days after.	CASE: Exclude from school for 5 days after the onset of parotid gland swelling. CONTACTS: School exclusion not indicated.
<b>Norovirus</b> Incubation Period: From 12-48 hours	Sudden onset of vomiting and/or diarrhea, abdominal cramps, and nausea.	CASE: Exclude from school until 24 hours after symptoms resolve. Stress importance of proper handwashing as virus is shed in stool for weeks after symptoms resolve. CONTACTS: School exclusion not indicated.
<b>Pediculosis (Head Lice)</b> Incubation Period: Eggs hatch in 7-12 days and reach maturity 9-12 days later	Severe itching and scratching, often with secondary infection. Eggs of head lice (nits) attach to hairs as small, round, gray lumps.	CASE: Notify parents; inform that child has lice and should be treated. School exclusion is not indicated. CONTACTS: Inspect head for evidence of infestation. Refer for treatment if infested.
<b>Pertussis*</b> Incubation Period: From 4-21 days, usually 9-10 days	The initial stage begins with upper respiratory symptoms and increasingly irritating cough. The paroxysmal stage usually follows within 1 to 2 weeks, and lasts 1 to 2 months. Paroxysmal stage is characterized by repeated episodes of violent cough broken by a high-pitched inspiratory whoop and vomiting. Older children may not have whoop. Convalescence may require many weeks.	CASE: Exclude from school until a physician advises return (usually 5 days after initiation of appropriate antibiotic therapy). Discuss with your local health department. CONTACTS: Exclude on first indication of symptoms.
<b>Ringworm of the Body (Tinea Corporis)</b> Incubation Period: Unknown	Circular well-demarcated lesion that can involve face, trunk, or limbs. Itching is common.	CASE: Exclusion from school not indicated as long as lesions are covered or child is receiving treatment. CONTACTS: School exclusion is not indicated.
<b>Rubella* (German Measles)</b> Incubation Period: From 12 to 23 days, usually 14 to 17 days.	Mild symptoms; slight fever, rash of variable character lasting about 3 days; enlarged head and neck lymph glands common. Joint pain may occur, especially in older children and adults. Communicable for 7 days before onset of rash and at least 7 days thereafter.	CASE: Exclude from school for 7 days after onset of rash. Avoid exposure to women in early pregnancy. Check immunization records of all students. Discuss with your local health department. CONTACTS: Discuss with your local health department; unimmunized contacts may need to be excluded. Those who are pregnant and not immunized should be urged to seek medical advice.
<b>Scabies</b> Incubation Period: Persons without previous exposure: 4 to 6 weeks. Previously infested and sensitized. 1-4 days after re-exposure.	Begins as itchy raised areas around finger webs, wrists, elbows, armpits, belt-line, and/or genitalia. Extensive scratching often results in secondary infection.	CASE: Excluded from school until 24 hours of appropriate treatment has been completed. CONTACTS: Inspect for evidence of infestation and refer for treatment if necessary. School exclusion is not indicated in the absence of infestation.
Streptococcal Diseases (Including Impetigo, Scarlet Fever, and "Strep" throat) Incubation Period: Variable, often 2-5 days, may be longer.	Impetigo: Multiple skin lesions usually of exposed area (e.g. elbows, legs, and knees), but may involve any area. Lesions vary in size and shape, and begin as blisters, which rapidly mature into brown crusts on a reddened base. Healing from center outward produces circular areas, which may resemble ringworm. ----- Scarlet Fever: Fever, sore throat, exudative tonsillitis or pharyngitis. Sandpaper-like rash appears most often on neck, chest, and skin folds of arms, elbows, groin, and inner aspects of thighs. ----- "Strep" throat: Sudden onset of fever, sore throat, exudative tonsillitis or pharyngitis, and enlarged lymph nodes. Symptoms may be absent in some cases.	CASE: Exclude from school until lesions are healed or until 24 hours of antibiotic treatment has been completed. CONTACTS: Exclusion from school not indicated. Observe carefully for symptoms. ----- CASE: Exclude from school during acute illness. Non-communicable after 24 hours of appropriate drug therapy. CONTACTS: Exclude on first indication of symptoms. Culturing of school contacts and treatment of carriers not usually indicated. ----- CASE: Excluded from school until 24 hours of antibiotic treatment has been completed. CONTACTS: Exclusion from school not indicated. Observe carefully for symptoms.