



# READY.SET. SUMMER.

**SUMMER CAMPS 2022**  
(Ages 4-14 years)

**EXCLUSIVE  
DISCOUNTS FOR  
MEMBERS**

Summer is a time for kids to be kids. And Y day camp is the place to make every precious summer day a great one.

## » LOCATIONS:

Our day camps span across the Virginia Peninsulas. For a full list of locations, please see the last page of this brochure.

## » CAMPS OFFERED:

Summer day camp, teen camp, specialty camp, sports camp, C.I.L.T., preschool camp, and overnight camp

## » CONTACT:

For more information about our camps contact your local Y or email [daycamp@ymcavp.org](mailto:daycamp@ymcavp.org)



**REGISTRATION  
OPENS  
JANUARY 31**

# WELCOME TO YMCA DAY CAMP

At the YMCA of Virginia Peninsulas, we pride ourselves on creating a warm and inclusive environment geared toward personal development and relationship building. Our day camps serve as an extension of family and school throughout the summer.

**FIELD TRIPS  
ARE BACK  
IN 2022**



## ACHIEVEMENT • BELONGING • RELATIONSHIPS

### OUR FOCUS

The Y is a diverse organization of men, women, and children joined together by a shared commitment to nurturing the potential of kids, promoting healthy living, and fostering a sense of social responsibility.

### YMCA DAY CAMP

YMCA camps are exciting, safe communities for young people to explore the outdoors, build self-esteem, develop interpersonal skills, and make lasting friendships and memories.



**CARING**



**HONESTY**



**RESPECT**



**RESPONSIBILITY**

## HELPING KIDS SUCCEED

The YMCA's four core values: honesty, caring, respect, and responsibility are woven throughout our day camps' inclusive and welcoming culture. With this foundation in place, we intentionally integrate character development more deeply into all interactions with our youth to promote social-emotional learning.

Our committed staff are dedicated to ensuring that all our campers are safe, accepted, and respected for who they are. Campers will grow socially and emotionally building skills throughout the summer through empathy, relationship building, emotion management, responsibility, and personal development, all while having FUN. Ultimately, after a summer at YMCA day camp, children's self-esteem will rise, and they will be better prepared to return to school with confidence.

### SOCIAL EMOTIONAL LEARNING

The YMCA is committed to social emotional learning because youth with higher social-emotional competence are ...

54%

more likely to  
earn a high  
school diploma



2x

as likely to earn a college degree



46%

more likely to have  
full-time employment  
by age 25



#### Emotional Management:

Youth learn to be aware of and constructively handle both positive and challenging emotions.

**Responsibility:** Youth learn to be reliable, committed and fulfill obligations and challenging roles.

#### Personal Development:

Youth act, persist, and initiate goals and outcomes and persevere through difficult situations and challenges.

#### Relationship Building:

Youth plan, collaborate, and coordinate action with others.

# AT YMCA SUMMER DAY CAMP YOUR CHILD WILL EXPERIENCE ...



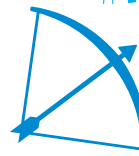
THE OPPORTUNITY  
TO UNPLUG AND  
FORM NEW  
FRIENDSHIPS



MASTERING  
NEW SKILLS



SOCIAL  
EMOTIONAL  
LEARNING  
AND  
MINDFULNESS



## WHY CHOOSE THE Y FOR YOUR CHILD'S SUMMER?



### SAFE

- 1:10\* staff to child ratio for 4-year-olds.
- 1:18\* staff to child ratio for 5 to 12-year-olds.
- Qualified counselors who receive over 30 hours of training in behavioral guidance, strategies to help campers feel comfortable in a new environment, how to make friends, and much more.
- Staff are certified in CPR, AED, and First Aid.
- Day camps meet state licensing day camp child care guidelines.

\* When there is a mixed age group, the staff-to-child ratio will be adjusted on a prorated basis, according to youngest age.



### AFFORDABLE

- Free before and after care (Open-9a.m., 4-6 p.m.)
- Free snack and lunch program at select USDA sites.
- Discounted YMCA swim lessons optional for campers. (Offered at most locations).
- Additional child discounts for your family.
- Financial assistance available (upon request) thanks to our donors.
- Become a member of the YMCA of Virginia Peninsulas and save \$60 per week per child.



### FUN

- Fun and creative activities.
- Camper's choice educational skill activities.
- Healthy living habits.
- Team building activities.
- Swimming.
- Opening and closing ceremonies.
- Sports.
- Field trips.
- Small group activities.
- Arts and crafts.
- Tons of FUN!
- Benefits: friendships, decision making and problem-solving skills, team building, and more.

# CLEAN, SAFE, AND HEALTHY

## ESTABLISHING AND MAINTAINING A CLEAN, SAFE, AND HEALTHY CAMP EXPERIENCE REMAINS OUR TOP PRIORITY.

Here are some of the safety protocols we will institute for day camp to keep our kids and staff safe:

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**GROUP SIZE:** Group sizes will be aligned with state licensing ratios and stay together throughout the day. Camp group, once determined, will be separated from other groups, and remain with their age group cohort for minimal exposure.



**STAFF TRAINING:** Our YMCA day camp staff will go through an extensive 30 hour/week training class focused on proper cleaning and sanitation procedures, protective equipment, and prevention strategies.



**DAILY SCREENING:** All campers will have their temperature checked, and we will ask parents a set of questions about their recent health each time they drop off at camp.



**MASKS/FACE COVERINGS:** We will follow all VDH/CDC guidance to determine masking requirements.



**CLEANING:** Our team will be regularly cleaning to disinfect our facilities every hour throughout the day, and our facilities team will perform a deep clean every night after closing.



**HANDWASHING:** Our staff and children will wash their hands every hour and between transitions.

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THE YMCA HAS FOLLOWED **SAFETY PROTOCOLS** SINCE **MARCH 30, 2020**, AND IN RETURN, OVER **1,500 CHILDREN** HAVE **SAFELY ATTENDED YMCA DAY CAMP AND SCHOOL AGES PROGRAMS**. THE **SAFETY OF YOUR CHILDREN AND OUR STAFF** WILL ALWAYS BE **OUR TOP PRIORITY**.

# A TYPICAL DAY OF DAY CAMP

Each day of camp provides a variety of safe and fun adventures. The following is a sample of your camper's day at camp.

**7 a.m. DROP-OFF**

\*Some of our day camp locations open as early as 6 a.m.

**7-9 a.m. (FREE) BEFORE CARE**

Age-appropriate structured activities and snack provided.

**9 a.m. OPENING CEREMONY**

Get loose and get into the camp spirit.

## CAMP DAY 9 a.m.-4 p.m.

Throughout the day, campers will participate in a wide variety of activities, including small and large group games, skills, arts & crafts, science projects, read for 30 minutes, social emotional learning, rest, and relaxation periods; all while growing as individuals.



**3:30 p.m. CLOSING CEREMONY**

Camp songs, camper reflection, and reminders.

**4-6 p.m. (FREE) AFTER CARE**

Age-appropriate structured activities. Healthy dinner or snack provided.

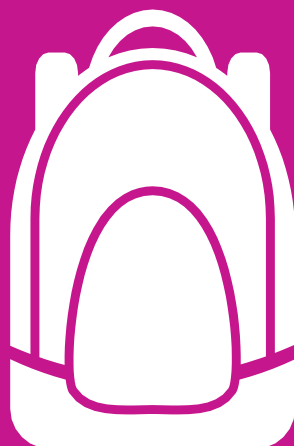
**6 p.m. PICK UP**

Campers must be picked up no later than 6 p.m.

Swimsuit and towel  
(Swim days)

Face mask

Lunch and two snacks.  
Check your center's food  
policy.



Sunscreen and/or  
bug spray.

Water bottle.

Come prepared with  
closed-toe shoes.



# SUMMER DAY CAMP



## PRESCHOOL DAY CAMP

**Ages 2-4**

A child's readiness for school is multi-faceted, encompassing the whole range of physical, social, emotional, language, and cognitive skills that children need to thrive.

In the morning, your camper will enjoy four structured cognitive lessons that resemble the rules and culture of school along with four "brain breaks." The afternoon will focus on social and emotional skill-building in the camp environment. Campers will be divided into groups by age with activities appropriate to the interests and needs of each group.



## TRADITIONAL DAY CAMP

**Ages 4 yrs. 9 mos-14**

Join YMCA day camp for one week or an entire summer of fun. We focus on caring, honesty, respect, and responsibility in our activities, from educational camper-chosen skill sessions to swimming, arts & crafts, and games. We provide fun-filled activities that allow for physical involvement, social interaction, educational opportunities, leadership building, personal growth, and creativity. Day campers will be divided into groups by age with activities appropriate to the interests and needs of each group.

**See page 16 for rates.**



## SPORTS CAMP

**Ages 5-12**

YMCA sports camps are offered for children who want to develop skills and techniques while learning the value of teamwork, sportsmanship, and fair play. Each camp will include drills, skill development, learning the rules of the game, and actual play, all while reinforcing the core values of caring, honesty, respect, and responsibility.



## JR. SPECIALTY **Ages 4-6**

**--AND--**

## SPECIALTY CAMPS **Ages 7-12**

Does your child have a specific interest or hobby, or do they want to try something new? Chances are, we have a specialty camp for them.

Campers spend three hours per day, four days per week, focusing on their specialized activity.

Campers must meet the minimum age prior to the week they wish to attend.

**Please see pages 10-12 for more info on specialty camps.**



# SUMMER DAY CAMP THEMES

## WELCOME TO THE JUNGLE

Kick-off summer with fun learning about rainforests and biodiversity.

## HUSTLE AND HEART

This week is all about teamwork, competition, and sportsmanship.

## AROUND THE WORLD IN 4 DAYS

Grab your passport, and let's take a trip around the world.

## SHIPWRECKED

Ahoy Matey! Come aboard for a week full of pirates, sea creatures, mermaids, and more.

## EXPLOSION IMPLOSION

Full steam ahead in this explosive week of camp. There will even be a color explosion.

## SPACE IS THE PLACE

This week of camp will be fun with crafts and experiments out of this galaxy.

## MYTH BUSTERS

Challenge your brain, solve camps' greatest mysteries, and put myths to the test.

## SHARKS AND MINNOWS

It's Shark Week at camp. We will even have our very own version of "Shark Tank."

## Y'S GOT TALENT!

Campers will get a chance to showcase their talents all week and end with a talent show.

## BLAST FROM THE PAST

Blast off into the past. Each day we will be in a different decade and dress the part.

## OPERATION RELAXATION

When in doubt, chill out. Decompress from summer and start the school year off right.

Summer day camp themes for traditional and preschool camps coincide with local school schedules. Each day camp in our service area will have a different start date. Please check with your local Y for their start date.





# JR. SPECIALTY CAMPS AGES 4-6



## CAMP HARVEST

This week is all about working in the garden. Whether it is learning about the life cycle of a plant or how to grow fruits and veggies, children will surely love Camp Harvest.

## SPORTS OF ALL SORTS

Does your child love sports? Campers will enjoy the ever-changing world of sports with various of interactive games.

## SPY KIDS

Should you choose to accept it; your mission is to hone your powers of observation and master mental challenges. Each day of spy kids camp is filled with top-secret briefings and activities that will put your spy skills and street smarts to the test.

## GYMNASTICS CAMP

In gymnastics camp, your child will spend the day learning gymnastics while bouncing, running, jumping, and climbing through obstacles.

## IN A GALAXY FAR, FAR AWAY

This kid-friendly camp combines outer space and Star Wars. Whether your child is an Obi-Wan Kenobi, Han Solo, Princess Leia, or Boba Fett lover, they will love getting into character and being part of another galaxy.

## ART EXPLORATION

Get creative, messy, and have fun creating art. Art Exploration provides children with a wonderful introduction to several forms of visual art.

Please note all our Y's do not offer specialty camps and offerings may change by location. For a full list of offerings check with your local center.



# SPECIALTY CAMPS AGES 7-12



## CAMP HARVEST

This week is all about working in the garden. Whether it is learning about the life cycle of a plant or how to grow fruits and veggies, children will surely love Camp Harvest.

## SPORTS OF ALL SORTS

Does your child love sports? Campers will enjoy the ever-changing world of sports with a various of interactive games.

## BAKERY BOSS

Campers will learn how to bake some of everyone's favorites and go head-to-head in a camp competition to find the next best baker.

## LIGHTS, CAMERA, ACTION

Your campers will sample the arts through dramatic productions and self-expression. Children will show off their moves at the end of the week show.

## FUNGINEERING

Come aboard to our STEM academy. Campers will enjoy this action pack week of experiment's that will get their brain thinking in different ways.

## SURVIVOR CAMP

Do you have what it takes to work as a team? Are you ready to take on challenges that focus on the four core values of honesty, caring, respect, and responsibility? If the answer is yes, you could be the ultimate survivor.

**Please note all our Y's do not offer specialty camps and offerings may change by location.  
For a full list of offerings check with your local center.**

# CAMP KEKOKA AGES 8-16

Skiing, knee boarding, tubing, kayaking, sailing, fishing, you name it, and Camp Kekoka gets crazy with it. Windsurfing? We got it! Swimming pool, recreation hall, archery, campfires? We got it! Character development, teamwork, better self-esteem, WE LEAD IT! What are you waiting for?

## OVERNIGHT CAMP

**\$860 per camper/per week**

**Ages 9-15**

While at Camp Kekoka, campers enjoy living in climate-controlled cabins, with nine other campers grouped by age. Each cabin has two highly trained adult counselors. During the daylight hours, campers enjoy a well-rounded camp experience that includes traditional activities like swimming, arts and crafts, and archery and some unique activities like crabbing, fishing, tubing, kayaking, windsurfing, and sailing.

Campers are encouraged to bring costumes or fun things that go along with the theme for their week.

**SAFARI:** June 26–July 1

**OUTER SPACE:** July 3–8

**WINTER IN JULY:** July 10–15

**MAD SCIENTIST:** July 17–22

**HARRY POTTER:** July 24–29

**OLYMPICS:** July 31–August 5



## RITE OF PASSAGE CAMP

**\$350 per camper/per week**

**Age 8**

This camp is for 8-year-olds who want to test out resident camp. For three days and two nights, campers experience the same activities offered during regular resident camp. The only difference is the amount of time they are away from home.

**WINTER IN JULY:** July 10–15

## C.I.L.T. (Camper in Leadership Training)

**\$555 per camper/per week**

**Ages 15-16**

This program is designed for campers ages 15–16 who have an interest in becoming strong leaders and positively impacting children. Trainees meet several times a week to learn about leadership qualities and the transition from camper to counselor. They also get to participate in everyday camp activities.

**OUTER SPACE:** July 3–8

**HARRY POTTER:** July 24–29





# YOUTH OUTDOOR LEADERSHIP ACADEMY AGES 13-18

Youth Outdoor Leadership Academy (**YOLA**) is a summer experience for teens to elevate their leadership through outdoor adventure. Participants receive hands-on training and professional development that serves as the program's foundation. Participants will learn basic safety, group control, team-based games, activity facilitation, outdoor engagement, camp best practices, and more.

Daily activities include a combination of indoor and outdoor challenges ranging from physically based competitions to traditional camp activities. Different subject matter experts will lead various skill development opportunities. The counselor staff team spearheads relationship-building and the social experience. All applicants go through an interview process to know more about YOLA and the team.



For more information on YOLA contact our Teen Executive  
Ben Major: [ben.major@ymcavp.org](mailto:ben.major@ymcavp.org)



# REGISTRATION

REGISTER  
ONLINE AT  
YMCAVP.ORG

**YMCA of Virginia Peninsulas Summer Day Camp 2022 is a 11 week program, depending on the day camp location. Campers can sign up for one or more weeks.**

## HOW TO REGISTER

- Register online at [ymcavp.org](https://ymcavp.org)

A one-time fee of \$40 is due at time of registration.

Children will be taken off rosters if all required paperwork is not on file at least ten days prior to the start of your child's first day of camp.

MARK YOUR  
CALENDAR

Registration opens  
**January 31, 2022.**

**QUESTIONS?** For registration questions please contact [daycamp@ymcavp.org](mailto:daycamp@ymcavp.org)



## ONLINE REGISTRATION

Want to save time and secure your spot early? Please have all necessary information and paperwork ready prior to starting the online process.



Registration packet completed online with all necessary information. This includes two emergency contacts, authorized pick-ups, pertinent information about your child, contact information for parents/guardians and physician contact information.



Form of payment information to enter for weekly draft and to pay your registration fee.



Birth certificate for proof of identity.



Physical and immunization records.

## ADDITIONAL INFORMATION (Needed prior to camp)

- Medication Administration Forms (if necessary for medication administration during camp).
- Allergy plan from a physician for any allergies listed on your registration.
- Sunscreen/bug spray authorization forms.

## WHAT'S NEXT?

Look out for our *Welcome to Camp* email and emails from your Child Care Director. Email communication will have important information about orientation dates, our orientation video, and site-specific details about your first day of camp. We look forward to seeing your camper soon at the Y.





# PAYMENT INFORMATION



## WEEKLY PAYMENT

Weekly payments are due the Monday before the chosen week of camp. Upon registration, your balance will automatically be set up for auto pay. Camp payments are non-refundable.

## REGISTRATION

A one-time fee of \$40 per child is due at registration.

## ADDITIONAL CHILD DISCOUNT

YMCA of Virginia Peninsula offers a multi-child discount of \$5 off each additional child.

## CANCELLATION/REFUNDS

Refunds are only given if a camp is canceled before the weekly payment due date. Refunds will not be given once payment has been made—this includes credits.

To receive a credit the cancellation or change request must be made 14 days prior to the draft date.

If a camper attends fewer days than registered for, there will be no credit in price.

To request a change in schedule, cancellation, or refund/credit, please contact your local child care director prior to the payment due date.

## YMCA OF VIRGINIA PENINSULAS MEMBERSHIP

Do you want to save \$60 per week on day camp? Sign up for a Y membership online or in person at one of our centers. If you join after you have signed up for camp please notify the Child Care Director at your center to apply the discount.

## VIRGINIA CHILD CARE ASSISTANCE

The YMCA of Virginia Peninsula offers many summer day camps that are licensed by the VDOE and accepts Virginia Child Care Assistance for traditional day camp.

Contact your local Social Services office for approval as you must have authorization before we can register your child for YMCA summer day camp. **Please note not all YMCA of Virginia Peninsulas' day camps accept Virginia Child Care Assistance from the Department of Social Services.**

## YMCA FINANCIAL ASSISTANCE

Individuals and families may apply for financial assistance for membership or programs such as summer day camp. Assistance is based on several factors, including total household income and number of dependents. The process is confidential. Apply online on our website. Email [daycamp@ymcavp.org](mailto:daycamp@ymcavp.org) or your local Child Care Director for any questions regarding financial assistance.

# CAMP FEES AND PAYMENT SCHEDULE

WEEKLY CAMP FEES			
CAMP OPTIONS	DAYS PER WEEK	MEMBER	NON-MEMBER
Preschool Day Camp (2 years)	5 days/week	\$165	\$185
Preschool Day Camp (3-4 years)	5 days/week	\$155	\$175
Sports Camps and Specialty Camps	4 days/week	\$50	\$100
Traditional Day Camp 4 yrs. 9 months - 14 yrs.	5 days/week	\$140	\$200

**REGISTER  
ONLINE AT  
[YMCAVP.ORG](http://YMCAVP.ORG)**

## PAYMENT SCHEDULE

CAMP WEEK	PAYMENT DRAFT DATE
May 30-June 3	May 23
June 6-June 10	May 30
June 13-June 17	June 6
June 20-June 24	June 13
June 27-July 1	June 20
July 4-July 8	June 27
July 11-July 15	July 4
July 18-July 22	July 11
July 25-July 29	July 18
August 1-August 5	July 25
August 8-August 12	August 1
August 15-August 19	August 8
August 22-August 26	August 15
August 28-September 2	August 22

**Check out our next page for a directory of all our Y's.**



# FIND YOUR Y, FIND YOUR CAMP

## **GREATER WEST POINT FAMILY YMCA**

3135 King William Avenue  
West Point, VA 23181  
804-843-3300

## **HAMPTON FAMILY YMCA**

1 YMCA Way  
Hampton, VA 23669  
757-722-9044

## **LUTER FAMILY YMCA**

259 James Street  
Smithfield, VA 23430  
757-365-4060

## **MATTHEWS FAMILY YMCA**

10746 Buckley Hall Road Route 198  
Mathews, VA 23109  
804-725-1488

## **MIDDLESEX FAMILY YMCA**

11487 General Puller Highway  
Hartfield, VA 23071  
804-316-9191

## **NORTHERN NECK FAMILY YMCA**

39 William B. Graham Court  
Kilmarnock, VA 22482  
804-435-0223

## **NORTHUMBERLAND FAMILY YMCA**

6348 Northumberland Highway  
Heathsville, VA 22473  
804-580-8901

## **R.F. WILKINSON FAMILY YMCA**

301 Sentara Circle  
Williamsburg, VA 23188  
757-229-9622

## **RICHMOND COUNTY FAMILY YMCA 45**

George Brown Lane  
Warsaw, VA 22572  
804-333-4117

## **TOM & ANN HUNNICUTT FAMILY YMCA**

7827 Warwick Boulevard  
Newport News, VA 23607  
757-245-0047

## **VICTORY FAMILY YMCA**

101 Long Green Boulevard  
Yorktown, VA 23693  
757-867-3300

## **WESTMORELAND FAMILY YMCA**

18849 Kings Highway  
Montross, VA 22520  
804-493-8163

## **CAMP KEKOKA**

1083 Boys Camp Road  
Kilmarnock, VA 22482  
804-435-3616

