



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

YMCA/APYC Camp Kekoka

Overnight Camp FAQ

1. Where is YMCA/APYC Camp Kekoka located?

We are located in Kilmarnock, Virginia on the shore of Indian Creek.

Our mailing address is:

1083 Boys Camp Rd
P.O. Box 580
Kilmarnock, VA 22482

2. What are the facilities at camp?

We have a large dining hall, climate-controlled cabins, infirmary, sport fields, waterfront, climate-controlled bathhouse, target sports range, high ropes course and pool.

3. Who are the camp staff?

Our Camp Kekoka staff are adults, mostly from Virginia. Camp staff go through a rigorous application process, extensive training, background checks and fingerprinting. Some of our camp staff are teachers, and most have years of experience working with children in a camp setting.

4. Who are the campers at YMCA/APYC Camp Kekoka?

We welcome all children ages 8-16.

Ages 9-15 are part of our traditional overnight camp.

Our youngest campers, age 8, are part of our Rite of Passage camp.

Our eldest campers, age 16, are part of our Counselor In Training leadership development program.

Most of our campers come from the Maryland, Northern Virginia, Newport News, Richmond and Lancaster County areas.

5. What is the staff to camper ratio?

We keep a low ratio of 2 counselors to 10 campers



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6. Sample daily schedule

8:00 am	Rise and Shine
8:30 am	Breakfast
8:45 am- 9:00 am	Character Value of the Day
9:00 am - 12:00 pm	Morning Activity
12:15 pm	Lunch
12:45 pm – 1:45	pm Rest Period
2:00 pm – 5:00 pm	Afternoon Activity
5:30 pm	Supper
6:30 pm – 8:00 pm	Evening Activities
8:00	Snack
8:15 pm – 10:00 pm	Cabin Time/Devotions/Shower Rotations
10:00 pm	Lights Out

7. What is the food like at camp?

Our camp food tastes just like home. Our cooking staff combines healthy meals and food choices to give campers a unique and rewarding food experience. Our gardens produce vegetables and fruit that are used in their weekly salad bar at lunch and dinner.

If your camper has any dietary restrictions and/or allergies, please be sure to include that information while registering. We appreciate the advanced knowledge in order to prepare the best meal for your camper.

8. How are cabin assignments made?

Names for cabin requests can be made while registering for camp. We always take every consideration into assigning friends in the same bunk, however, we can never promise.

Cabins are split based on age and it would not be likely to have a camper who is 9 in the same cabin with a 14 year old, even if they requested each other.

9. How do parents and campers communicate while at camp?

We utilize an app called Bunk 1. As we get closer to camp starting, communication through Bunk1 will be common. We also post photos of the happenings during camp via this site. To learn more, please visit:

<https://www.bunk1.com/>



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10. How are medications handled at camp?

Our medications are logged by our resident nurse practitioner. When you check into camp, you are more than welcome to speak with our medical personnel to address any concerns you may have.

Our Directors, who have Medical Administration Training, are also qualified to handle and give medications to campers as directed.

Camp does allow Over the Counter medications like Tylenol, Pepto Bismol, Aloe, Sudafed, Diaphedramin (Benadryl), etc. Please complete the following Medication form for OTC and Rx medications.

11. Can I visit camp?

During our Open House in April, we encourage all who have registered for camp to come and tour our facilities and meet some of our staff and returning counselors!

During camp sessions, we do not allow parents/family/friends to visit the camp to ensure the flow of camp is not interrupted and for the protection of all campers.

If you have more questions, please contact our Resident Camp Executive Director.

12. How do I register for camp?

Woohoo! You are making a great decision to have your camper(s) come to camp! You can click [here](#) to register your camper. Our Administrative Coordinators will help you with all of the necessary steps through our registration process.

13. I want my child to go to camp, but cannot afford it. What should I do?

At YMCA/APYC Camp Kekoka, we do not turn kids away regardless of their ability to pay. We encourage you to apply for financial aid.

If you are an Alexandria County resident, meaning your child attends an Alexandria Public School, please complete the following link. As our camp is connected with the Alexandria Police Youth Camp, we encourage you to connect with them to see how your camper can attend camp.



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If you are a non-alexandria county resident, please complete the following financial aid application.

https://ops1.operations.daxko.com/Online/3029/ProgramsV2/OfferingDetails.mvc?program_id=TMP100136&offering_id=SES2930445&location_id=B65

14. What if I have more questions?

If you have any other questions, we encourage you to connect with our Camp Office team at CampKekoka@ymcavp.org