



**BECAUSE  
OF YOU**

**At the Y, we prevent drowning.**

## **COMMUNITY CHALLENGES**

- Drowning is the second leading cause of unintentional injury death for children ages 1-14
- On average, 22 nonfatal drownings happen every day
- It takes as little as 20 to 60 seconds for someone to drown

**TOGETHER IN 2022, WE**  
taught youth and adults, how to be  
safe in and around the water.

**2,769** were taught in swim lessons.

**65** lifeguards were trained.

**739** children gained confidence  
around water through Second  
Grade Learn to Swim.

## **BECAUSE OF YOU**

Bettye overcame  
her lifelong fear.



Meet Bettye and hear  
how she overcame her  
fear of water from a  
traumatic experience.



**At the Y, we are committed to preventing  
drowning and making a positive impact  
together. Here is how you can help:**

- **Make a donation**
- **Sign up to volunteer**
- **Share our programs with a friend**

**2023 Annual Campaign**

Drowning Prevention | Child Safety and Injury Prevention | CDC Injury Center