the

FIND YOUR BEST SUMMER FIND YOUR Y

SUMMER CAMP 2024

(Ages 2–17 years)

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Summer is a time for kids to be kids. And Y day camp is the place to make every precious summer day a great one.

LOCATIONS

Our day camps span across the Virginia Peninsulas. For a full list of locations please see the last page of this brochure.

CAMPS OFFERED

Traditional Day Camp, Teen Camp, Specialty Camp, Sports Camp, C.I.T., Preschool Camp, and Overnight Camp

CONTACT

For more information about our camps contact your local Y or email daycamp@ymcavp.org.



AVAILABLE FOR MEMBERS

WELCOME TO YMCA DAY CAMP

Ages 2–4	Ages 5–12	Ages 8–15	
PRESCHOOL SUMMER SESSION	SPECIALTY CAMP	SAILING CAMP	
Ages 4 yrs, 9 mos-14	Ages 6–12	Ages 8–16	
TRADITIONAL DAY CAMP	SPORTS CAMP	CAMP KEKOKA	
Ages 14–17 YOUTH OUTDOOR LEADERSHIP ACADEMY			

ACHIEVEMENT• BELONGING • RELATIONSHIPS

OUR FOCUS

The Y is a diverse organization of men, women, and children joined together by a shared commitment to nurturing the potential of kids, promoting healthy living, and fostering a sense of social responsibility. We bring men, women, and children – just like you – together, and our shared commitment to our communities ensures the opportunities to learn, grow, and thrive that we create for all, are ones that endure.

YMCA DAY CAMP

YMCA camps are exciting, safe communities for young people to explore the outdoors, build self-esteem, develop interpersonal skills and make lasting friendships and memories.



WELCOME TO YMCA DAY CAMP



The YMCA's four core values: honesty, caring, respect, and responsibility are woven throughout our day camp's inclusive and welcoming culture. With this foundation in place, we intentionally integrate character development more deeply into all interactions with our youth to promote social-emotional learning.

Our committed staff are dedicated to ensuring that all our campers are safe, accepted, and respected for who they are. Throughout the summer, our campers will grow socially and emotionally building skills through empathy, relationship building, emotion management, responsibility, and personal development, all while having FUN! Ultimately, after a summer at YMCA day camp, children's self-esteem will rise, and they will be better prepared to return to school.

Emotional Management: Youth learn to be aware of and constructively handle positive and challenging emotions.

Responsibility:

Youth learn to be reliable, committed, and fulfill obligations and challenging roles.

Personal Development: Youth act, persist, and initiate goals and outcomes and persevere through difficult situations and challenges.

Relationship Building: Youth plan, collaborate, and coordinate action with others. HELPING KIDS SUCCEED

SOCIAL EMOTIONAL LEARNING

The YMCA is committed to social emotional learning because youth with higher social-emotional competence are ...

54% more likely to earn a high school diploma



mo hav em

46% more likely to have full-time employment by age 25

as likely to earn

a college degree



AT YMCA SUMMER DAY CAMP YOUR CHILD WILL EXPERIENCE ...

WHY CHOOSE THE Y FOR YOUR CHILD'S SUMMER?

SAFE

- 1:10* staff to child ratio for 4-year olds
- 1:18* staff to child ratio for 5 to 12-year olds
- Qualified counselors who receive over 30 hours of training in behavioral guidance, strategies to help campers feel comfortable in a new environment, how to make friends and much more
- Staff are all certified in CPR, AED, and First Aid
- Y Day Camps meet state licensing Day Camp Child Care guidelines

S AFFORDABLE

- Pre and Post Camp Care (Open-9 a.m., 4-6 p.m.)
- Free snack and lunch program at select USDA sites
- Additional child discounts for your family
- Financial assistance available (upon request) thanks to donors
- Become a YMCA of Virginia Peninsulas member and save \$60 per week per child

🕞 FUN

- Fun and creative activities
- Camper's choice educational skill activities
- Healthy living habits
- Team building activities
- Opening and closing ceremonies
- Sports
- Field trips
- Small group activities
- Arts & crafts
- Benefits: Friendships, decision making and problem-solving skills, team building and more

*Note: When there is a mixed age group, the staff-to-child ratio will be adjusted on a prorated basis, according to youngest age.



Here are some of the safety protocols we will institute for day camp to keep our kids and staff safe.



GROUP RATIOS:

Per state guidelines, our ratios will be reduced. 1:18 for ages 5 and up and 1:10 for 3–4 year olds.

CLEAN, SAFE, A

STAFF TRAINING:

Staff are certified in CPR, AED, and First Aid. Counselors also receive over 30 hours of training.

DHEALTHY





HANDWASHING:

Children and staff will be required to wash their hands every 30 minutes.

WIPING DOWN SURFACES:

Staff will be disinfecting all high-contact surfaces. Many shared items, such as board games, equipment, blocks, and books, will be disinfected before each use.



PERSONAL BELONGINGS:



Campers should only bring necessary items to summer camp. This may include a labeled personal water bottle, a lunch box and/or a change of clothing. Each camper will be supplied a personal item bag and a cubby for their belongings.

DROP-OFF AND PICK-UP:

To limit the number of people entering the building, we will be using curbside drop-off and pick-up from 6-9 a.m. and from 4-6 p.m. If you need to drop-off or pick up outside of these times, call your child's center.

THE YMCA HAS FOLLOWED SAFETY PROTOCOLS SINCE MARCH 30, 2020 AND IN RETURN OVER 1,500 CHILDREN HAVE SAFELY ATTENDED YMCA DAY CAMP AND SCHOOL AGES PROGRAMS. THE SAFETY OF YOUR CHILDREN AND OUR STAFF WILL ALWAYS BE OUR TOP PRIORITY.

A TYPICAL DAY AT SUMMER DAY CAMP

Each day of camp provides a variety of safe and fun adventures. The following is a sample of your camper's day at camp.

DROP-OFF *Some of our day camp locations open as early as 6 a.m.
PRE-CAMP Age appropriate structured activities and snack provided
OPENING CEREMONY Get loose and get into the camp spirit

CAMP DAY 9 a.m.-4 p.m.

Throughout the day, campers will participate in a wide variety of activities, including: small and large group games, skills, arts & crafts, science projects, read for 30 minutes, social emotional learning, rest and relaxation periods; all while growing as individuals.

3:30 p.m.	CLOSING CEREMONY Camp songs, camper reflection, and reminders
4-6 p.m.	POST CAMP Age appropriate structured activities. Healthy dinner or snack provided.
6 p.m.	PICKUP Campers must be picked up no later than 6 p.m.



SUMMER DAY CAMPS WE OFFER

PRESCHOOL SUMMER SESSION Ages 2-4

A child's readiness for school is multi-faceted, encompassing the whole range of physical, social, emotional, language, and cognitive skills that children need to thrive. In the morning, your camper will enjoy four structured cognitive lessons that resemble the rules and culture of school, along with four "brain breaks." The afternoon will focus on social and emotional skill-building in the camp environment. Campers will be divided into groups by age, with activities appropriate to the interests and needs of each group.

SPECIALTY CAMP Ages 5–12

Does your child have a specific interest or hobby, or do they want to try something new? Chances are we have a specialty camp for them. Campers spend three hours DAILY, four days per week, focusing on their specialized activity. Campers must meet the minimum age before the week they wish to attend.

Please see page 9 for more info.

SAILING CAMP Ages 8–15

The Mathews Family YMCA offers this annual camp for beginner sailors ages 8–15. Campers can access sailboats ranging from the standard Sunfish and Laser to larger sailboats with jibs and mainsails.

Please see page 11 for more info.

TRADITIONAL DAY CAMP Ages 4 yrs. 9 mos-14

Join YMCA day camp for one week or an entire summer of fun. We focus on caring, honesty, respect, and responsibility in all our activities, from educational camper-chosen skill sessions to swimming, arts & crafts, and games. We provide fun-filled activities that allow for physical involvement, social interaction, educational opportunities, leadership building, personal growth, and creativity. Day campers will be divided into groups by age, with activities appropriate to the interests and needs of each group.

SPORTS CAMP Ages 6–12

YMCA sports camps are offered for children who want to develop skills and techniques while learning the value of teamwork, sportsmanship, and fair play. Each camp will include drills, skill development, learning the rules of the game, and actual play, reinforcing the core values of caring, honesty, respect, and responsibility.

Please see page 10 for more info.

YOLA Ages 14–17

Youth Outdoor Leadership Academy (YOLA) is a new summer experience for teens to elevate their leadership through outdoor adventure. Participants receive hands-on training and professional development that serves as the foundation of the program.

Please see page 13 for more info.

SUMMER DAY CAMP THEMES



AGES 5-12 SPECIALTY CAMPS



ARTRAGEOUS CAMP

Get creative, get messy, and have fun creating art! ARTrageous provides children with a wonderful introduction to several forms of visual art.

CREATIVE CHEFS CAMP

Does your child want to learn more about the art and fun of cooking? During this camp, children will build confidence in creating yummy snacks and entrees and help mom in the kitchen.

FUN-GINEERING STEAM CHALLENGE

Come aboard to our STEAM academy. Campers will enjoy this action-packed week of experiments that will get their brains thinking differently.

SPY KIDS CAMP

Should you choose to accept it, your mission is to hone your powers of observation and master mental challenges. Each day of Spy Kids camp is filled with top-secret briefings and activities that will test your spy skills and street smarts.

CAMP HARVEST

This week is all about working in the garden! Whether it is learning about the lifecycle of a plant or how to grow your fruits and veggies, children will surely enjoy this week at the Y.

*Please note all of our Y's do not offer specialty camps and offerings may change by location. For a full list of offerings check with your local center.

AGES 6-12 SPORTS CAMPS



BASKETBALL CAMP

Basketball camp is designed to teach new players the basic skills of basketball and refine skills for future players. Focus will be on ball control, shooting techniques, rules of the game, teamwork, sportsmanship, and fair play for all. Ages 6–8, 9–12

DANCE CAMP



Does your child love to dance? This camp will foster a love of dance and allow students to try dance for the first time, or continue their dance studies during the summer months. Ages 6-8, 9-12

GYMNASTICS CAMP



Gymnastics camp gives kids of all gymnastics backgrounds and ages a chance to develop new skills, make new friends and above all have loads of fun! Ages 6–8

MULTI-SPORTS CAMP



Does your child love sports? Campers will enjoy the ever-changing world of sports with a variety of interactive games. Ages 6-8, 9-12

SOCCER CAMP

During this week of camp our sports team will ensure your young athlete will gain the technical skills and soccer knowledge required for their next step in soccer. Ages 6–8, 9–12

FIRST TEE COMMUNITY PROGRAM



New this year-our First Tee Community Program will be the first touch point to introduce your child to the game of golf effectively. Ages 9-12

GOLF CAMP



The Y offers a variety of sports camps to give kids a week of concentrated fun around something they enjoy or want to learn. Ages 6-14

VOLLEYBALL CAMP



Join us for volleyball camp where beginner and advanced players feel welcomed, challenged, and fulfilled. Our weeklong, half-day volleyball camp is full of fun, fellowship, and skill development. Ages 9–12

*Please note all of our Y's do not offer specialty camps and offerings may change by location. For a full list of offerings check with your local center.

AGES 8-15 SAILING CAMP

This annual camp is offered by the Matthews Family YMCA for beginner sailors ages 8–15. Campers have access to various sailboats ranging from the standard Sunfish and Laser to larger sailboats with jib and mainsails.



TAILORED SAILING DAYS

Our camp schedule is as dynamic as the sea, adjusted weekly based on the unique sailing experiences of our students and the whims of the weather. This flexible approach ensures maximum safety and enjoyment for all our campers.

EXCLUSIVE AT MATHEWS YACHT CLUB

Hosted at the prestigious Mathews Yacht Club, our program not only provides top-notch sailing instruction but also instills a sense of community and belonging among young sailors.

EMBARK ON A NAUTICAL JOURNEY

Join us at Mathews Yacht Club for an unforgettable sailing camp experience. Open to young enthusiasts from ages 8 to 15, our program promises a summer filled with adventure, learning, and the joy of sailing.

A FLEET AT YOUR FINGERTIPS

Whether you're a beginner or an experienced sailor, our range of sailboats, from the easy-to-navigate Sunfish and Laser to larger vessels with jib and mainsails, offers the perfect platform for every skill level.



We believe in making sailing accessible to all. Our competitive pricing is designed to encourage participation: Members: \$325 (half-day \$225)

Non-Members: \$375 (half-day \$275)



Skiing, knee boarding, tubing, kayaking, sailing, fishing, you name it, and Camp Kekoka gets crazy with it. Windsurfing? We got it. Swimming pool, recreation hall, archery, campfires? We got it. Character development, teamwork, better self-esteem, WE LEAD IT! What are you waiting for?

OVERNIGHT CAMP

\$860 per camper/per week Ages 9-15



While at Camp Kekoka campers enjoy living in climate-controlled cabins with nine other campers grouped by age. Each cabin has two highly-trained adult counselors. During the daylight hours, campers enjoy a well-rounded camp experience which includes traditional activities like swimming, arts and crafts, and archery as well as some unique activities like crabbing, fishing, tubing, kayaking, rock climbing and ziplining. Campers are encouraged to bring costumes or fun things that go along with the theme for their week.

- OLYMPICS: June 23–28
- SURVIVOR: June 30 July 5
- OUTER SPACE: July 7-12
- HARRY POTTER: July 14–19
- MAD SCIENTIST: July 21–26
- SPIRIT WEEK: July 28 August 2

RITE OF PASSAGE CAMP

\$380 per camper/per week Age 8

This camp is for 8-year-olds who want to test out resident camp. For three days and two nights, campers experience the same activities offered during regular resident camp. The only difference is the amount of time they are away from home. OUTER SPACE: July 10-12

C.I.T. (COUNSELOR IN TRAINING)

\$275 per camper/per week Ages 14–16

This program is designed for campers ages 15–16 who have an interest in becoming strong leaders and positively impacting children. Trainees meet several times a week to learn about leadership qualities and the transition from camper to counselor. They also get to participate in everyday camp activities.

SURVIVOR: June 30 – July 5 MAD SCIENTIST: July 21–26



YOUTH OUTDOOR LEADERSHIP ACADEMY

AGES 14-17

Youth Outdoor Leadership Academy (YOLA) is a summer experience for teens to elevate their leadership through outdoor adventure. Participants receive hands-on training and professional development that serves as the program's foundation. Participants will learn basic safety, group control, team-based games, activity facilitation, outdoor engagement, camp best practices, and more.



DAYS WILL BE FILLED WITH:

- Fun camp activities to engage leadership styles.
- Opportunities to explore and develop new skills.
- Physical activities and games to keep bodies active.
- Service projects that welcome cause-driven volunteering.

For more information on YOLA contact our Youth and Teen Executive, Sam Prada at sam.prada@ymcavp.org.

Daily activities include a combination of indoor and outdoor challenges ranging from physically-based competitions to traditional camp activities. Different subject matter experts will lead various skill development opportunities. The counselor staff team spearheads relationship-building and the social experience. All applicants go through an interview process to get to know more about YOLA and the team.

MEMBERS: \$135 NON-MEMBERS: \$175

YOLA curriculum is set for two-week sessions. If you are registering your teen, please sign up for both weeks to get the whole experience. Pricing is weekly.



REGISTRATION

YMCA of Virginia Peninsulas Summer Day Camp 2024 is 10 or 11 weeks, depending on location. Campers can sign up for one or more weeks.



ADDITIONAL INFORMATION (needed prior to camp)

- Medication Administration Forms (if necessary for medication administration during camp)
- Allergy plan from a physician for any
- allergies listed on your registration
- Sunscreen/bug spray authorization forms

WHAT'S NEXT?

Look out for our Welcome to Camp email and emails from your Child Care Director. Email communication will have important information about orientation dates, our orientation video, and site-specific details about your first day of camp. We look forward to seeing you soon at your Y.

🔅 brightwheel 🧕





Brightwheel is the #1 software solution for preschools, child care, daycare, camps, and after school programs. Brightwheel is the only app that integrates everything you need: sign in/out, messaging, learning assessments, daily sheet reports, photos, videos, calendars, online bill pay for parents, and much more.



Want to save time and secure your spot early? Please have all necessary information and paperwork ready prior to starting the online process.

Registration packet completed online with all necessary information.

- Two emergency contacts
- Authorized pick ups
- Pertinent information about your child
- Contact information for parents/guardians
- Physician contact information

Form of payment information to enter for weekly draft and to pay your registration fee

- Birth Certificate for proof of identity
- Physical and immunization records



QUESTIONS? For registration questions please email daycamp@ymcavp.org.

PAYMENT INFORMATION



WEEKLY PAYMENTS

Weekly payments are due on Monday, 14 days before chosen camp week. Upon completion of registration your balance will automatically be set up for auto pay. Camp payments are nonrefundable. Sports camp and specialty camp payments are due at the time of registration.

REGISTRATION

A one-time fee of \$40 per child is due at the time of registration.

MULTI-CHILD DISCOUNT

YMCA of Virginia Peninsula offers a multi-child discount of \$5 off each additional child.



CANCELLATION/REFUNDS

- Refunds are only given if a camp is canceled before the weekly payment due date. Refunds will not be given once payment has been made. This includes credits.
- To receive a credit, the cancellation or change request must be made 14 days prior to the draft date.
- If a camper attends less days than registered for, there will be no credit in price.
- Please contact your Child Care Director before the payment due date to request a change in schedule, cancellation, or refund/credit.



Do you want to save \$60 per week on day camp? Sign up for a Y membership at one of our centers. If you join after you have signed up for camp please notify the Child Care Director at your center to apply the discount.

VIRGINIA CHILD CARE ASSISTANCE

The YMCA of Virginia Peninsula offers many summer day camps that are licensed by the VDOE and accepts Virginia Child Care Assistance for traditional day camp.

Contact your local Social Services office for approval as you must have authorization before we can register your child for YMCA summer day camp.

YMCA FINANCIAL ASSISTANCE

Individuals and families may apply for financial assistance for membership or programs such as summer day camp. Assistance is based on a number of factors, including total household income and number of dependents. The process is confidential. Apply online on our website. Email daycamp@ymcavp.org or your local Child Care Director for any questions regarding financial assistance.

DAY CAMP FEES AND PAYMENT SCHEDULE





PAYMENT SCHEDULE*

CAMP WEEK	PAYMENT DRAFT DATE
June 10–June 14	May 27
June 17–June 21	June 3
June 24–June 28	June 10
July 1–July 5	June 17
July 8–July 12	June 24
July 15–July 19	July 1
July 22–July 26	July 8
July 29-August 2	July 15
August 5-August 9	July 22

*The camp start dates vary depending on the type of camp. Please check the details on the website.

Check out our next page for a directory of all our YMCAs.

SUMMER CAMP LOCATIONS

- A.T. JOHNSON BUILDING (Montross)
- BOYS AND GIRLS CLUB (Mathews)
- GREATER WEST POINT FAMILY YMCA (West Point)
- HAMPTON FAMILY YMCA (Hampton)
- LUTER FAMILY YMCA (Smithfield)
- MACKEY-THOMPSON BUILDING (Warsaw)
- MIDDLESEX FAMILY YMCA (Hartfield)
- NORTHUMBERLAND FAMILY YMCA (Heathsville)
- R.F. WILKINSON FAMILY YMCA (Williamsburg)
- TOM & ANN HUNNICUTT FAMILY YMCA (Newport News)
- VICTORY FAMILY YMCA (Yorktown)
- WILEY CHILD DEVELOPMENT CENTER (Kilmarnock)

SPECIALTY CAMP LOCATIONS

- LUTER FAMILY YMCA
- TOM & ANN HUNNICUTT FAMILY YMCA
- VICTORY FAMILY YMCA

SPORTS CAMP LOCATIONS

BASKETBALL CAMP

- TOM & ANN HUNNICUTT FAMILY YMCA
- GREATER WEST POINT FAMILY YMCA
- LUTER FAMILY YMCA
- VICTORY FAMILY YMCA
- WESTMORELAND FAMILY YMCA

SOCCER CAMP

- HAMPTON FAMILY YMCA
- LUTER FAMILY YMCA
- TOM & ANN HUNNICUTT FAMILY YMCA
- VICTORY FAMILY YMCA

VOLLEYBALL CAMP

- VICTORY FAMILY YMCA
- WESTMORELAND FAMILY YMCA

DANCE CAMP

• TOM & ANN HUNNICUTT FAMILY YMCA

GYMNASTICS CAMP

• VICTORY FAMILY YMCA

MULTI-SPORTS CAMP

- HAMPTON FAMILY YMCA
- LUTER FAMILY YMCA
- TOM & ANN HUNNICUTT FAMILY YMCA
- VICTORY FAMILY YMCA

FIRST TEE COMMUNITY PROGRAM

• VICTORY FAMILY YMCA

GOLF CAMP

PIANKATANK RIVER GOLF COURSE

FIND YOUR Y, FIND YOUR CAMP!

WESTMORELAND **FAMILY YMCA** 18849 Kings Highway 804-493-8163

RICHMOND COUNT FAMILY YMCA 45 George Brown Lane Warsaw, VA 22572 804-333-4117

GREATER WEST POINT FAMILY YMCA 3135 King William Avenue P.O. Box 1526 West Point, VA 23181 804-843-3300

R.F. WILKINSON FAMILY YMCA 301 Sentara Circle Williamsburg, VA 23188 757-229-9622

> VICTORY FAMILY YMCA 101 Long Green Boulevard Yorktown, VA 23693

> > LUTER FAMILY YMCA **259 James Street** Smithfield, VA 23430

Montross, VA 22520

NORTHUMBERLAND **FAMILY YMCA** 6348 Northumberland Highway P.O. Box 146 Heathsville, VA 22473 804-580-8901

> **NORTHERN NECK FAMILY YMCA** 39 William B. Graham Court P.O. Box 1809 Kilmarnock, VA 22482 804-435-0223

> > САМР КЕКОКА 1083 Boys Camp Road Kilmarnock, VA 22482 804-435-3616

MIDDLESEX FAMILY YMCA 11487 General Puller Highway P.O. Box 524 Hartfield, VA 23071 804-316-9191

MATHEWS FAMILY YMCA 10746 Buckley Hall Road Route 198 Mathews, VA 23109 804-725-1488

HAMPTON FAMILY YMCA 1YMCA Way Hampton, VA 23669 757-722-9044

TOM & ANN HUNNICUTT **FAMILY YMCA** 7827 Warwick Boulevard Newport News, VA 23607



YMCA OF THE VIRGINIA PENINSULAS